

TASC advice *Health and Physical Education* [as of 11 May 2020]

Outdoor Education Level 2 (OXP215118)

TASC, with a focus on honouring the nature and intention of **Health and Physical Education**, also recognises the extraordinary circumstances facing learners and teachers in 2020. Due to these extraordinary circumstances TASC has made the following necessary considerations for 2020 [only].

TASC recognises that the application of practical experiences is typically integrated in approaches to teaching and learning during *Health and Physical Education* courses.

The Outdoor Learning group of courses use a combination of theory and practical experiences to explore:

- safety practices and skill sets and techniques related to various outdoor adventure activities,
- development of self-awareness, communication and organisational skills,
- ecologically responsible and sustainable practices and connection to the natural environment,
- the significance of setting and reflecting on personal and group goals including those related to:
 - positive lifestyle behaviours that support lifelong health, and
 - personal, social and interpersonal skills.

The intent and integrity of these courses must be considered, particularly when designing learning experiences to support learning from home. Activity options, health and safety requirements, and consideration of each learner's situation, location, current skillset, and access to equipment and venues, must also be considered in selecting and delivering suitable practical learning experiences.

After consultation with the community of teachers of *Health and Physical Education – Outdoor Education* Level 2 (OXP215118) the following course content considerations have been made for 2020 [only]:

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Course Content: Unit 5	<p><i>Specific 2020 considerations have been applied to this course for 2020 [only].</i></p> <p>Course Content Unit 5</p> <p>Unit 1- 4 have a theory focus, and are intended for concurrent delivery with the practical elements of Unit 5. Unit 5 may be delivered independent of Units 1-4 as necessary.</p>