

TASC advice *Health and Physical Education* [as of 11 May 2020]

Outdoor Experiences Level I (OXPI05118)

TASC, with a focus on honouring the nature and intention of **Health and Physical Education**, also recognises the extraordinary circumstances facing learners and teachers in 2020.

TASC recognises that the application of practical experiences is typically integrated in approaches to teaching and learning during Health and Physical Education courses.

The Outdoor Learning group of courses use a combination of theory and practical experiences to explore:

- safety practices and skill sets and techniques related to various outdoor adventure activities,
- development of self-awareness, communication and organisational skills,
- ecologically responsible and sustainable practices and connection to the natural environment,
- the significance of setting and reflecting on personal and group goals including those related to:
 - positive lifestyle behaviours that support lifelong health, and
 - personal, social and interpersonal skills

The intent and integrity of these courses must be considered, particularly when designing learning experiences to support learning from home. Activity options, health and safety requirements, and consideration of each learner’s situation, location, current skillset, and access to equipment and venues, must also be considered in selecting and delivering suitable practical learning experiences.

After consultation with the community of teachers of Health and Physical Education – *Outdoor Experiences Level I (OXPI05118)* TASC issues the following advice:

<i>Outdoor Experiences Level I (OXPI05118)</i>	
Course Content: All	<p style="text-align: center;">Scenario A - Medium term Return to school environment mid/end of July</p> <p><i>Alternative approaches to teaching and learning are required to deliver course requirements. No specific 2020 considerations have been applied to this course.</i></p> <p>Course Content All</p> <p>Providers may need to consider the timetable requirements for delivery of this course. As it is a 50 hour course providers may decide to:</p> <ul style="list-style-type: none"> • investigate viability of intensive practical experiences later in the year • maintain student engagement with learning as suitable in a learning from home scenario until students can engage with the practical components. <p><i>Practical activities will need to meet the most current health and safety requirements.</i></p>