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| **Week 1** | **Alarm clock with solid fill** | **Mon** | |  | **Tues** |  | **Wed** |  | **Thu** |  | **Fri** |  | **Sat** |  | **Sun** |  |
| \_\_\_\_/ \_\_\_\_ /202\_  \_\_ wks until exam wk | **7:00** |  | | |  | |  | |  | |  | |  | |  | |
| **8:00** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| **8:30** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| Exams in order of confidence (most study needed to least)  1.  2.  3.  4.  5. | **9:00** |  | | |  | |  | |  | |  | |  | |  | |
| **9:30** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| **10:00** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| **10:30** |  | | |  | |  | |  | |  | |  | |  | |
| **11:00** |  | | |  | |  | |  | |  | |  | |  | |
| **Key with solid fill**  ⬜ Class  ⬛ Exam Study  ⬛ Folio/Project  ⬛ Study Break  ⬛ Snack - healthy  ⬛ Meal  ⬛ Exercise/Sport  ⬛ Work  ⬛ Family  ⬜  ⬜  Water drink tally:  Water Bottle outline Water Bottle outline Water Bottle outline Water Bottle outline Water Bottle outline Water Bottle outline | **11:30** |  | | |  | |  | |  | |  | |  | |  | |
| **12:00** |  | | |  | |  | |  | |  | |  | |  | |
| **12:30** |  | | |  | |  | |  | |  | |  | |  | |
| **1:00** |  | | |  | |  | |  | |  | |  | |  | |
| **1:30** |  | | |  | |  | |  | |  | |  | |  | |
| **2:00** |  | | |  | |  | |  | |  | |  | |  | |
| **2:30** |  | | |  | |  | |  | |  | |  | |  | |
| **3:00** |  | | |  | |  | |  | |  | |  | |  | |
| **3:30** |  | | |  | |  | |  | |  | |  | |  | |
| **4:00** |  | | |  | |  | |  | |  | |  | |  | |
| **4:30** |  | | |  | |  | |  | |  | |  | |  | |
| **5:00** |  | | |  | |  | |  | |  | |  | |  | |
| **5:30** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| **6:00** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| **6:30** | *Study:*  *Goal:* | | |  | |  | |  | |  | |  | |  | |
| **7:00** |  | | |  | |  | |  | |  | |  | |  | |
| **7:30** |  | | |  | |  | |  | |  | |  | |  | |
| **8:00** | F | | |  | |  | |  | |  | |  | |  | |
| To be carried over: | | | | | Notes: | | | | | | | | ✯ ✯ My reward for focused study ✯ ✯ | | | |
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